

Self & Personality

Self

Personality

Concept of Self

Personal Identity
Social Identity
Self

Kinds of Self

Personal Self
Social Self
Familial or Relational Self

Culture & Self

Asian View - Collectivistic
Western View - Individualistic

Cognitive & Behavioural Aspects of Self

Self Esteem

Self Efficacy

Self-Regulation

Academic
Competence

Social Competence

Athletic
Competence

Physical
Appearance

Observation

Self-instruction

Self Reinforcement

Concept of Personality

Major Approaches to the Study of Personality

Assessment of Personality

Type Approaches

Hippocrates

Charak Samhita

Triguna

Sheldon

Friedman & Rosenman

Carl Jung

Sanguine

Vatta

Sattva

Endomorphic

Type A

Introverts

Phlegmatic

Pitta

Rajas

Mesomorphic

Type B

Extraverts

Melancholic

Kapha

Tamas

Ectomorphic

Type C

Choleric

Type D

Trait Approaches

Allport's Trait Approach

Cattell : Personality Factors

Eysenck's Theory

Cardinal Traits

Source Traits

Neuroticism vs Emotional Stability

Central Traits

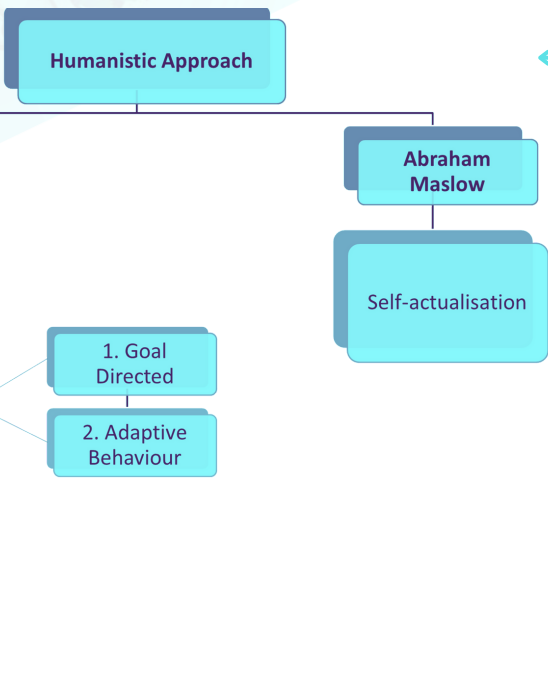
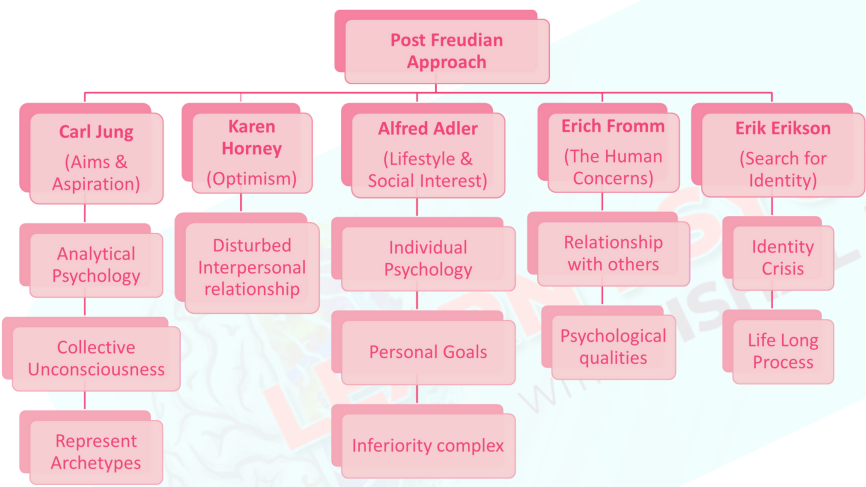
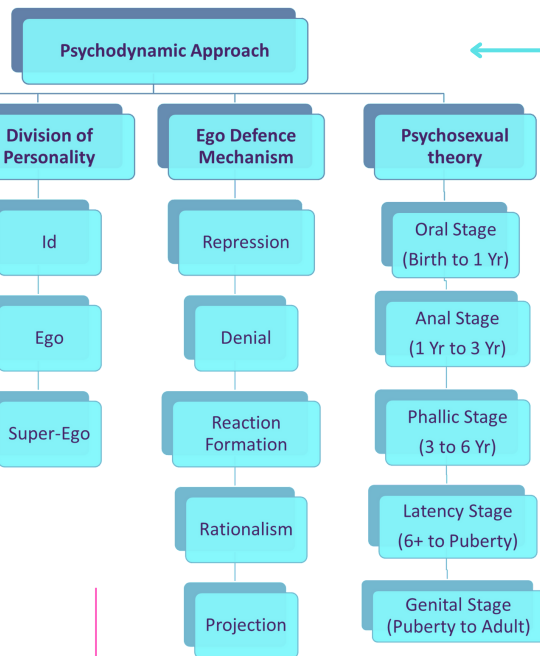
Surface Traits

Extraversion vs. Introversion

Secondary Traits

Psychoticism vs Sociability

Behavioural Approach



Assessment of Personality

Self Report Measures

- Minnesota Multiphasic Personality Inventory (MMPI)
- Eysenck Personality Questionnaire (EPQ)
- Sixteen personality Factor Questionnaire (16PF)

Projective Techniques

- The Rorschach Inkblot Test
- The Thematic Apperception Test (TAT)
- Rosenzweig's Picture-Frustration Study (P-F Study)
- Sentence Completion Test
- Draw a person test

Behavioural Analysis

- Interview
- Observation
- Ratings
- Nomination
- Situational Tests

Cultural Approach

